

NEWS RELEASE March 4, 2025 FOR IMMEDIATE RELEASE

Alberta Blue Cross[®] announces return of Community Wellbeing grant program

Alberta Blue Cross is bringing back its very popular Community Wellbeing grant program for 2025, to support the diverse work of community organizations promoting the physical, mental and social wellbeing of Albertans.

"We were overwhelmed last year by the positive response to this program, with more than 650 applications from across the province," says Brian Geislinger, senior vice-president of Corporate Relations and Community Engagement with Alberta Blue Cross. "So, we're thrilled to be able to continue to provide this support again through 2025."

The Community Wellbeing grant program was launched in conjunction with the 75th Anniversary of Alberta Blue Cross in 2023 and was extended into 2024 where it awarded 50 community organizations with a \$1,000 grant each to support wellbeing in their communities. Funding for the program is provided through the Alberta Blue Cross community foundation.

Until April 30, Alberta Blue Cross welcomes applications and nominations from <u>urban and rural Alberta-based</u> <u>organizations</u> (including Alberta chapters of national organizations) that promote the physical, mental or social wellbeing of community members. This includes organizations that support newcomers and refugees, seniors, families, vulnerable youth, children, LGBTQ2S+, individuals with disabilities, individuals requiring mental health support, Indigenous Peoples and visible minorities. Applications can be submitted on the Alberta Blue Cross website.

Each organization awarded with the grant helps Albertan communities thrive.

The 2024 Alberta Blue Cross Community Wellbeing grant recipients have incredible stories, highlighting their work, including the following:

Big Brothers Big Sisters Association of Medicine Hat and District

Big Brothers Big Sisters Association of Medicine Hat and District supports youth by connecting them with dedicated role models who provide guidance and companionship. Through regular outings, mentors and mentees form meaningful relationships built on trust and shared interests and create lasting, positive impacts for youth and mentors. The Community Wellbeing grant will allow them to purchase activity supplies to keep youth engaged in the program.

The full list of the 2024 Community Wellbeing recipients and their stories are available on the community website.



®*The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan. @+Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association. As Alberta's largest provider of health and dental benefits, Alberta Blue Cross is committed to serving as a champion for wellbeing by promoting the health of Albertans.

==30==

For more information, please contact Sharmin Hislop, director, Corporate Communications, Alberta Blue Cross, at 780-498-8283 or <u>shislop@ab.bluecross.ca</u>.



®*The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan. @†Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association.

ab.bluecross.ca