



NEWS RELEASE

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FOR IMMEDIATE RELEASE

Alberta Blue Cross® announces return of Community Wellbeing grant program

Alberta Blue Cross is bringing back its very popular Community Wellbeing grant program for 2025, to support the diverse work of community organizations promoting the physical, mental and social wellbeing of Albertans.

"We were overwhelmed last year by the positive response to this program, with more than 650 applications from across the province," says Brian Geislinger, senior vice-president of Corporate Relations and Community Engagement with Alberta Blue Cross. "So, we're thrilled to be able to continue to provide this support again through 2025."

The Community Wellbeing grant program was launched in conjunction with the 75th Anniversary of Alberta Blue Cross in 2023 and was extended into 2024 where it awarded 50 community organizations with a \$1,000 grant each to support wellbeing in their communities. Funding for the program is provided through the Alberta Blue Cross community foundation.

Until April 30, Alberta Blue Cross welcomes applications and nominations from [urban and rural Alberta-based organizations](#) (including Alberta chapters of national organizations) that promote the physical, mental or social wellbeing of community members. This includes organizations that support newcomers and refugees, seniors, families, vulnerable youth, children, LGBTQ2S+, individuals with disabilities, individuals requiring mental health support, Indigenous Peoples and visible minorities. Applications can be submitted on the Alberta Blue Cross website.

Each organization awarded with the grant helps Albertan communities thrive.

The 2024 Alberta Blue Cross Community Wellbeing grant recipients have incredible stories, highlighting their work, including the following:

Breaking The Chains Coalition Program, Wetaskiwin

Breaking the Chains is a community-based initiative that supports individuals on their journey toward healing and transformation by providing Indigenous and non-Indigenous community members with a space for traditional and contemporary healing practices. The Community Wellbeing grant will help enhance their cultural programming and program materials to continue holistic healing.

Brighter Futures Family Resource Society, Drayton Valley

Brighter Future Family Resource Society provides parental and caregiver support in their drop-in, outreach and in-school programs. The grant will support the Baby's Essential program which provides families with essential



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items such as diapers, formula, supplements for breastfeeding mothers and more, supporting approximately 20 clients each month.

Lac La Biche Aboriginal Head Start, Lac La Biche

Lac La Biche Aboriginal Head Start organizes family and cultural activities—like moccasin and drum workshops—that promote community engagement and build stronger family relations. The grant will support Lac La Biche Aboriginal Head Start’s programs and provide funds for necessary supplies.

Parent’s Survival Resource and Connection Society (PSRCS), Okotoks

The PSRCS empowers, connects, guides and improves the wellbeing and mental health of caregivers, youth and adult individuals within the pan-disabilities community through a range of services including guidance and mentoring, advocacy and access to various community resources. The grant will allow the PSRCS to establish a community sensory space room that will be integrated into their existing caregiver and children’s programming.

The full list of the 2024 Community Wellbeing recipients and their stories are available on the [community website](#).

As Alberta’s largest provider of health and dental benefits, Alberta Blue Cross is committed to serving as a champion for wellbeing by promoting the health of Albertans.

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For more information, please contact Sharmin Hislop, director, Corporate Communications, Alberta Blue Cross, at 780-498-8283 or shislop@ab.bluecross.ca.



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